

HEALTH AND WELLBEING PARTNERSHIP GROUP EAST HERTS TOGETHER

Draft notes of meeting held on Wednesday 14th October 2015 10am – 12.00pm
at Future Living Hertford, 43 Cowbridge, Hertford. SG14 1PN.

Attendance:

Simon Barfoot, Environmental Health Promotion Officer, EHC
Claire Pullen – Engagement and Community Partnerships Officer
Sandra Conte – Future Living Hertford CEO
Victoria Sims – Future Living Hertford
Karon Gordon – Herts Mind Network
Lucy Eldon – Practice Nurse
Kay Pitt – Home-Start EastHerts
Christine Gillham – Public Health Projects Co-ordinator, EHC
Jan Stock – Wodson Park Manager and Active East Herts
Christopher Bland – Mind in Mid Herts
Lindsey Day – Sustainable Travel Team, HCC
Kellie Ahl – Relax Kids
Councillor Steve Cousins
David Brewer – Head of Engagement, E and N Herts Foundation Trust.

1. Welcome and Introductions

SB Welcomed everyone to the meeting and introductions were made.

2. Apologies

Debra Field, Michal Siewniak, Jacqui Brown, Laura Hyde, Mark Kingsland

3. Minutes of last meeting

Minutes of the July 15th 2015 meeting were reviewed and accepted.

4. The role and work of Future Living Hertford (FLH) Sandra Conte

Sandra Conte explained in a verbal presentation the nature and range of programmes currently being offered as well as potential new areas of work:

- Core focus of Drug and Alcohol Therapy, Eating Disorders and Healthy Lifestyle advice through 1-2-1 counselling and group sessions
- The Jamie Oliver Cooking skills course arrangement was still continuing and the launch of Café Forty Three was seen as an additional opportunity for supporting clients to obtain the necessary skills to work in the café.
- Art and Craft therapies, Acupuncture and assessing Children and Family and Adult 18+ needs along with establishing Stop Smoking support and looking to develop Furniture donation scheme as well as continuing to develop skills and employment opportunities for clients were seen as new and expanding areas of work.
- Victoria outlined the evaluation tracking for clients progress through different programmes at FLH
- Sandra reminded group members that the services provided were free and clients could be referred by health professionals or self-refer.

- The service was staffed by volunteers and they also had 6 training placement Counsellors working with them who were studying at Barnet college.
- This is a summary of what Sandra presented; please speak to her directly if you would like to follow up on the wider services that FLH offer.

5. Insight into the role of the Practice Nurse Lucy Eldon

- Lucy gave a helpful insight into the work of the Practice nurse explaining the varied role sought to provide a range of nursing health prevention and promotion support for a range of people from cradle to grave.
- The career path for practice nurse means either an RGN or Health Visitor qualified background. Many tasks make up the role including individual support ranging from supporting care of minor illnesses to organising group health access such as arranging baby vaccinations clinics or referring on to or being aware of Mum's health and diet/exercise groups or the new Sporty Mum's project in East Herts.
- Oversight of patient groups is another task such as Diabetes Awareness etc.
- The role is both challenging and engaging and more work is being done around the career development of the role and attracting people to go into the practice nurse role.

6. Introducing Public Health Projects Co-ordinator Christine Gillham

- Christine introduced herself in her new role at East Herts, explaining that her remit was to plan and introduce a wider strategic project to address improvement in health and wellbeing services and outcomes across East Herts.
- East Herts had set aside some of its own funds in addition to the HCC provided District Offer monies to facilitate Christine's post and the project planning and implementation.
- Christine was planning to research and meet with a range of contacts in East Herts and further afield to scope how such a project idea might develop.

7. District Offer Progress Simon Barfoot

- Simon reported that the Year one projects were progressing well and most had now started and were beginning to see a number of clients benefit from the projects.
- The evaluation on these projects and the impact of their effectiveness would become clearer over the coming months, particularly into the January 2016 and beyond.
- A number of partners and their organisations were recipients of funding from the Year One District Offer (known as the Health and Wellbeing Community Fund).
- A number of partner organisations had been approached as well as some established or more recent contacts with a view to requesting submissions for the Year Two funding round. 10 applications had been received and an assessment day was planned for the middle of November 2015. At the time of writing these projects were scheduled to start in January 2016.

8. Group sharing on Health and Wellbeing All

- A range of updates and information sharing items were relayed by group members. Simon repeated the request for group members to pass on any information they wished to be circulated to the wider group via email.

9. 2016 Dates All

- To avoid clashes with other meetings a request had been made to move the LSP Health and Wellbeing Group meeting from the regular 2nd Wednesday of the month to the 3rd or 4th Wednesday of the month.
- The Group supported this and Simon agreed to book venues at East Herts Offices as back up for 2016 although the format of going to different venues and partner organisations hosting was seen as a positive idea which had been adopted partially in 2015.
- Requests were made for venues for the following dates for 2016.
- **Wednesday January 20th January 10 – 12.00pm VENUE NEEDED** Room 27 at East Herts not available
- **Wednesday April 27th 10 – 12.00pm Room 27 at East Herts booked** (alternative venue still welcomed)
- **Wednesday July 20th 10 – 12.00pm Room 27 at East Herts booked** (alternative venue still welcomed)
- **Wednesday 19th October 10 – 12.00pm Room 27 at East Herts booked** (alternative venue still welcomed)
- **Please ADD these 2016 dates to your electronic calendars**

10. AOB

- SB thanked all those who had attended and closed the meeting.